Where: The Camp Recovery Center – Bison Center,

3192 Glen Canyon Rd., Scotts Valley, CA 95066

When: Saturday, November 23, 2013 9:00 AM - 1:00 PM

<u>Cost</u>: \$20.00 Coffee and lunch provided

Format: 3 hour workshop and 1 hour regional meeting

3 Advanced CEU's and 1 Professional Development CEU

CAADAC Region South presents:

Applied Positive Psychology for Addiction Professionals

with Tim Sinnott, MFT, CADC-II

The field of Positive Psychology is a relatively young field with an impressive collection of research. The addiction rehabilitation profession and its workforce lack scientific rigor. It is the author's belief that the incorporation of many of the concepts of Positive Psychology would enhance clinical outcomes and have a positive effect on both clients and addiction focused professionals. This workshop presents a framework for training addiction focused professionals in Positive Psychology.



ABOUT THE SPEAKER:

Tim Sinnott, MFT, CADC-II has a distinguished career as a leader in addiction and rehabilitation programs, which spans more than 30 years. It began after his experience with substance abuse and recovery. That experience inspired Tim to pursue an advanced certification in alcohol and drug counseling. He later earned a master's degree in counseling psychology from the University of San Francisco and is licensed as a Marriage and Family Therapist. He maintains a private practice in Watsonville, CA. Tim moved into more administrative positions in health care because he saw a need for people on the business side who knew how the counseling side worked. Tim served as director of behavioral health at Dominican Hospital in Santa Cruz, where he created a patient fitness center and an acupuncture program with the belief that people need to start taking care of themselves physically to feel better emotionally, mentally and spiritually. Tim served as CEO of the non-profit Crossroad's Center Antigua, Eric Clapton's holistic addiction treatment program before joining Northern California's Bayside Marin as its Executive Director in 2008 He also was Clinical Director at The Camp Recovery Center. Tim sits on the Board of CAADAC, is its Past-President and current Dean of Fellows.







